



Autumn Programme Offer September - December 2017

Targeted Programmes is a part of Hillingdon Council's Early Intervention and Prevention Services, and is located within the Social Care Directorate's Children and Young People's Services division. We work with families and individual family members on an early-support basis, to support their progression towards positive:

- **Civic Outcomes** - addressing anti-social and offending behaviours
- **Democratic Outcomes** - addressing political disengagement and extremism
- **Economic Outcomes** - addressing unemployment and deprivation
- **Educational Outcomes** - addressing academic disengagement and exclusion
- **Familial Outcomes** - addressing family dysfunction and child safeguarding
- **Health Outcomes** - addressing dietary, emotional, physical, sexual health and substance misuse-related concerns
- **Social Outcomes** - addressing social exclusion and isolation

We deliver a range of personal development and support programmes that help families to manage the challenges they face, so they can overcome barriers to their progression and fulfil their potential. Our programmes can be delivered alongside social care interventions on a complimentary basis, or provide 'step-down' support for family members who are coming to the end of their involvement with statutory services. Targeted Programmes also respond to 'step-up' intervention requests from universal service providers including schools, early years, play, youth, and community service providers in Hillingdon who have identified individuals and families in need of early support. We welcome referrals from social care, health, employment, community safety, and education agencies from across the public, voluntary, and faith sectors in Hillingdon.

During the autumn 2017 delivery period, Targeted Programmes will provide a range of personal support and development programmes for children aged between 7 and 9, adolescents aged between 10 and 19, young adults aged between 20 and 24, and adult parents, guardians, and carers who will benefit from targeted early support. Our priority target groups include families who are subject to Child in Need and Child Protection Plans, children and adolescents who are at risk of, or in, Local Authority care, young care leavers, young people at risk of disengagement or exclusion from education and employment, adolescents and young adults engaged in anti-social or offending behaviours, and those who have additional support needs in relation to substance misuse, or their emotional, physical, or sexual health and wellbeing.

Targeted Programmes are delivered without charge to the service user or referral agent, and are undertaken on a voluntary basis by service users. We therefore require that all

referrals are discussed with the relevant family members in advance, to ensure their informed consent and voluntary participation in our programmes.

Details of all Targeted Programmes on offer during Autumn 2017 are provided in this document but, if you require more information about any elements of the Targeted Programmes autumn programme offer, or want discuss how we can support a family that you are working with, please telephone 01895 556300 or 01895 250644, or mail: targetedprogrammes@hillingdon.gov.uk

To make a referral to Targeted Programmes' Autumn Programme Offer, please follow this link to our electronic Access Request Form:

<https://goo.gl/forms/hESvbkgRHiWoIXTf1>

Referral agencies are asked to note Targeted Programmes' access criteria before submitting access requests. Service users must:

- Live, work, study, or be in local authority care, in the London Borough of Hillingdon
- Be in the stated age-range or school year required to access the programme
- Have the cognitive ability to participate in discussion-based and group work activities
- Be willing and able to commit to the full duration of the programme
- Have the continuing commitment of the referrer to co-manage any issues that may present during their participation in the programme
- Have given consent for their personal information and support/development needs to be shared with Targeted Programmes
- Have their parent's or legal guardian's consent for their personal information and support/development needs to be shared with Targeted Programmes, if under 18 years of age

For more information about our range of our targeted early intervention services, or to provide feedback on services received, please contact the Targeted Programmes Management Group via:

- Telephone: 01895 556300 or 01895 250644
- Email: targetedprogrammes@hillingdon.gov.uk
- Head Office: 4E/09 Civic Centre, High Street, Uxbridge, UB8 1UW
- Fieldwork Office: First Floor, Fountain's Mill Young People's Centre, Uxbridge UB8 1JR

We welcome feedback from service providers and partner agencies about the quality and relevance of our programmes, and encourage you to tell us about any new targeted programmes that you want to see established in response to the support and development needs of your service users.

Programme Team 1:	Boys and Young Men's Programmes
Autumn Programme Offer:	1.1 'iChoose Juniors' Group Work Programmes for Boys 1.2 'YoungStarz' Group Work Programmes for Boys 1.3 'iChoose Seniors' Group Work Programmes for Young Men 1.4 'iChoose Drop-in' Group Work Programmes for Boys and Young Men
<p>Boys and Young Men's Programmes deliver targeted personal development programmes for boys aged between 7 and 10 and adolescent young men aged between 11 and 19, who require additional support to overcome challenges to their personal, educational, health, and social progression.</p> <p>The <i>YoungStarz</i> and <i>iChoose</i> programmes provide boys and young men with a supportive out-of-school learning environment, where they can build positive relationships with staff and other young people, get involved in a range of positive personal development activities, and address issues of personal concern and interest.</p> <p>Junior and senior-age programmes are offered, with participants able to ascend through two levels of learning and achievement within both age-groups. <i>YoungStarz</i> and <i>iChoose</i> support boys and young men to become more confident, resilient, and responsible, and prepare them to be socially and economically-engaged citizens in the future. The programmes have a proven track-record of supporting children and young people who are experiencing difficulties in the context of their family and peer relationships, educational engagement, anti-social behaviours, and emotional health and wellbeing.</p> <p>Each <i>YoungStarz</i> and <i>iChoose</i> programme is delivered through one two-hour contact session per week for up to ten weeks, and some programmes include off-site visits and weekend residential activities. The programmes use issue-based groupwork and discussion, project activities, and mentoring to engage boys and young men in informal personal development activities. Issues addressed include:</p> <ul style="list-style-type: none"> • <i>Self-esteem and confidence</i> • <i>Personal, gender, and cultural identify</i> • <i>Ethical values and decision-making</i> • <i>Emotional, physical, and sexual health and wellbeing</i> • <i>Positive relationships</i> • <i>Communication and listening skills</i> • <i>Anti-social and offending behaviours</i> • <i>Life and social skills</i> • <i>Social rights and responsibilities</i> <p>Service users who successfully complete their programme will receive a London Borough of Hillingdon Certificate of Achievement.</p>	

The following Boys and Young Men's Programmes will be delivered between the week beginning Monday 18th September and the week ending Friday 22nd December 2017:

<i>Programme Code/Title:</i>	<i>Target Groups:</i>	<i>Programme Delivery Dates and Times:</i>	<i>Programme Locations:</i>
1.1 'iChoose Juniors' Programme Level 1	Boys in secondary school years 7-9	Mondays between 18/09/17 and 18/12/17, between 7:00pm and 9:00pm	West Drayton Young People's Centre, Rowhley's Place, West Drayton (UB7 9LU)
1.2 'YoungStarz' Programme Level 1	Boys in primary school years 4, 5, and 6	Tuesdays between 19/09/17 and 19/12/17, between 4:15pm and 6:15pm	Ground Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)
1.3 'iChoose Seniors' Programme Level 1	Young men in secondary school years 10 and above	Tuesdays between 19/09/17 and 19/12/17, between 7:00pm and 9:00pm	Ground Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)
1.4 'iChoose' Drop-in Support Service	Boys and young men in secondary school years 7 and above	Fridays between 22/09/17 and 22/12/17, between 4:15pm and 6:15pm	Ground Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)

Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17.

To make a referral to Boys and Young Men's Programmes, please follow this link to our electronic Access Request Form: <https://goo.gl/forms/hESvbkgRHiWoIXTf1>

Referral agencies are asked to note Targeted Programmes' access criteria before submitting access requests. Service users must:

- **Live, work, study, or be in local authority care, in the London Borough of Hillingdon**
- **Be in the stated age-range or school year required to access the programme**
- **Have the cognitive ability to participate in discussion-based and group work activities**
- **Be willing and able to commit to the full duration of the programme**
- **Have the continuing commitment of the referrer to co-manage any issues that may present during their participation in the programme**
- **Have given consent for their personal information and support/development needs to be shared with Targeted Programmes**
- **Have their parent's or legal guardian's consent for their personal information and support/development needs to be shared with Targeted Programmes, if under 18 years of age**

Programme Team 2:	Creative Arts Programmes
Autumn Programme Offer:	2.1-2.4 '360 Degrees' Performance Arts Programmes 2.5 'FRISK' Theatre-in-Education Programmes
<p>Creative Arts Programmes deliver performance, technical, and urban arts-based personal development programmes for adolescents aged between 10 and 19, including those who require additional support to overcome challenges to their personal, educational, health, and social progression.</p> <p>The <i>360 Degrees</i> performance arts programmes provide young people with supportive out-of-school learning environments, where they can build positive relationships with staff and other young people, get involved in a range of arts-based activities, and address issues of personal concern and interest. The programmes have a proven reputation for the use of high-quality arts-based activity to support young people who are experiencing difficulties in the context of their family and peer relationships, educational engagement, anti-social behaviours, and emotional health and wellbeing. Various programmes are delivered at the Compass community Theatre through one two-hour contact session per week, for up to ten weeks. Service users who successfully complete their programme will receive a London Borough of Hillingdon Certificate of Achievement.</p> <p>The '<i>FRISK</i>' Theatre-in-Education Programme provides young people with a participative theatre experience that addresses key issues regarding attitudes to the police. A production that addresses issues in relation to 'stop-and-search' will be touring secondary schools, young people's centres, and residential children's homes in Hillingdon during October and November. Programmes are delivered through a thirty minute-long drama production, followed by facilitated groupwork to address young people's internet and on-line safety. Agencies that commission this programme are advised that the production will address issues in relation to policing, anti-social and offending behaviours, discrimination, and social rights and responsibilities, with an aim to have preventative impact on young people.</p>	

The following Creative Arts Programmes will be delivered between the week beginning Monday 18 th September and the week ending Friday 22 nd December 2017:			
Programme Code/Title:	Target Groups:	Programme Delivery Dates and Times:	Programme Locations:
2.1 '360 Degrees VideoWorx' Film and Editing Programme	Young people in secondary school years 7, 8, 9, and 10	Mondays between 04/09/17 and 18/12/17, between 7:00pm and 9:30pm	Compass Community Theatre, Glebe Avenue, Ickenham (UB10 8PD)
2.2 '360 Degrees' Youth Theatre Programme	Young people in secondary school years 9 and above	Thursdays between 07/09/17 and 07/12/17, between 7:00pm and 9:30pm	Compass Community Theatre, Glebe Avenue, Ickenham (UB10 8PD)
2.3 'FRISK' Theatre-in-Education Programme (Addressing Issues	Adolescents aged 13-19; Young Adults aged 20-24	In accordance to service commissioner's requirements	Peripatetic delivery in secondary schools, colleges, residential care homes, and young

in Relation to Online Safety)			people's centres in Hillingdon
<i>Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17.</i>			

To make a referral to Creative Arts Programmes, please follow this link to our electronic Access Request Form: <https://goo.gl/forms/hESvbkgRHiWoIXTf1>

Service users can also self-refer to the 360 Degrees programmes.

To book Theatre-in-Education Programme performances, please telephone Targeted Programmes on 01895 556300 for further information.

Referral agencies are asked to note Targeted Programmes' access criteria before submitting access requests. Service users must:

- **Live, work, study, or be in local authority care, in the London Borough of Hillingdon**
- **Be in the stated age-range or school year required to access the programme**
- **Have the cognitive ability to participate in discussion-based and group work activities**
- **Be willing and able to commit to the full duration of the programme**
- **Have the continuing commitment of the referrer to co-manage any issues that may present during their participation in the programme**
- **Have given consent for their personal information and support/development needs to be shared with Targeted Programmes**
- **Have their parent's or legal guardian's consent for their personal information and support/development needs to be shared with Targeted Programmes, if under 18 years of age**

For more information about our range of our targeted early intervention services, or to provide feedback on services received, please contact the Targeted Programmes Management Group via:

- **Telephone: 01895 556300 or 01895 250644**
- **Email: targetedprogrammes@hillingsdon.gov.uk**
- **Head Office: 4E/09 Civic Centre, High Street, Uxbridge, UB8 1UW**
- **Fieldwork Office: First Floor, Fountain's Mill Young People's Centre, Uxbridge UB8 1JR**

We welcome feedback from service providers and partner agencies about the quality and relevance of our programmes, and encourage you to tell us about any new targeted programmes that you want to see established in response to the support and development needs of your service users.

Programme Team 3:	Emotional Health and Wellbeing Programmes
Autumn Programme Offer:	3.1 'Link' Individual Counselling Programmes
<p>Emotional Health and Wellbeing Programmes deliver targeted emotional health-related therapeutic support programmes for adolescents aged 13-19 and young adults aged between 20 and 24, who require additional support to overcome challenges to their personal, educational, health, and social progression.</p> <p><i>Link Counselling Service</i> provides a range of individual counselling and therapeutic support group services for young people who require early help to address issues in relation to their or other family members', emotional health and wellbeing. Counselling and support group programmes are provided during weekday daytimes, after-school, and evening periods, and are offered on a pre-booked basis. Counselling programmes are offered as blocks of ten sessions per client, with an option for a further series of sessions to be offered where a continue need for therapeutic support is demonstrated.</p> <p><i>Link Counselling Service</i> is a well-established agency with a proven track-record for the provision of high-quality therapeutic support services for adolescents and young adults who have additional support needs in the context of their emotional health and wellbeing. The agency meets the requirements of the British Association for Counselling and Psychotherapy and Youth Access quality standards. Individual counselling programmes are delivered through up-to ten one hour-long counselling sessions, and may be continued for a further ten sessions where this is agreed by the service user and the counsellor. Four therapeutic support group programmes addressing Self-esteem, Social Anxiety, and Anger Management will be delivered for adolescents aged between 13 and 19, and for young adults aged between 20 and 25.</p> <p>Issues addressed by <i>Link Counselling Service</i> include:</p> <ul style="list-style-type: none"> • <i>Anger and Anger Management</i> • <i>Bereavement</i> • <i>Bullying</i> • <i>Communication and Listening Skills</i> • <i>Depression</i> • <i>Eating Disorders</i> • <i>Loneliness</i> • <i>Panic Attacks</i> • <i>Personal, Gender and Cultural Identify</i> • <i>Self-esteem and Confidence</i> • <i>Self-harm</i> • <i>Social anxieties</i> • <i>Suicidal Thoughts</i> 	

The following Emotional Health and Wellbeing programmes will be delivered between the week beginning Monday 4th September and the week ending Friday 22nd December 2017:

Programme Code/Title:	Target Groups:	Programme Delivery Dates and Times:	Programme Locations:
3.1 'Link' Individual Counselling Programmes	Adolescents aged 13-19; Young Adults aged 20-24	Counselling sessions are delivered from Monday to Friday, between 10:30am and 7:30pm	Second Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)

To make a referral to Emotional Health and Wellbeing Programmes, please follow this link to our electronic Access Request Form: <https://goo.gl/forms/hESvbkgRHiWoIXTf1>

Service users may also self-refer to the programmes through contacting Link Counselling Service directly on 01895 277222 or via email address: link@hillington.gov.uk

Referral agencies are asked to note Targeted Programmes' access criteria before submitting access requests. Service users must:

- Live, work, study, or be in local authority care, in the London Borough of Hillingdon
- Be in the stated age-range or school year required to access the programme
- Have the cognitive ability to participate in discussion-based and group work activities
- Be willing and able to commit to the full duration of the programme
- Have the continuing commitment of the referrer to co-manage any issues that may present during their participation in the programme
- Have given consent for their personal information and support/development needs to be shared with Targeted Programmes
- Have their parent's or legal guardian's consent for their personal information and support/development needs to be shared with Targeted Programmes, if under 18 years of age



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Programme Team 4:	Girls and Young Women's Programmes
Autumn Programme Offer:	4.1 'Unique Swagga Seniors' Programmes 4.2 'Unique Swagga Juniors' Programmes 4.3 'mumSpace' Programme 4.4 'Unique Swagga' Drop-In Girls-work Programmes 4.5 'Craft and Connect' Programmes

Girls and Young Women's Programmes deliver targeted personal development programmes for **girls aged between 8 and 9** and **adolescent young women aged between 10 and 19**, who require additional support to overcome challenges to their personal, educational, health, and social progression.

The *Unique Swagga* programme provides girls and young women with a supportive out-of-school learning environment, in which they can build positive relationships with staff and other young people, get involved in a range of personal development activities, and address issues of personal concern and interest. Junior and senior-age programmes are offered, with participants able to ascend through two levels of learning and achievement within both age-groups. *Unique Swagga* supports girls and young women to become more confident, resilient, and responsible, and prepares them to be socially and economically-engaged citizens in the future. The programme has a proven track-record in supporting children and young people who are experiencing difficulties in the context of their family and peer relationships, educational engagement, anti-social behaviours, and emotional health and wellbeing.

Each *Unique Swagga* programme is delivered through one two-hour contact session per week, for up to ten weeks, and some programmes include off-site visits and weekend residential activities. The programme uses issue-based groupwork and discussion, project activities, and mentoring to engage girls and young women in informal personal development activities. Issues addressed include:

- *Anti-social and Offending Behaviours*
- *Assertiveness*
- *Bullying*
- *Communication and Listening Skills*
- *Emotional, Physical and Sexual Health and Wellbeing*
- *Ethical Values and Decision-making*
- *Life and Social Skills*
- *Managing Peer Pressure*
- *Managing Positive Relationships*
- *Personal, Gender and Cultural Identify*
- *Self-esteem and Confidence*
- *Serious Youth Violence*

Craft and Connect is a project that aims to empower and enable girls in school years 4, 5 and 6 to participate in a planned youth work programme to increase their participation and engagement in positive activities. The programme is centred on craft and creating, and will give young people an opportunity to meet new friends, develop relationships

with staff, build their confidence, learn new skills, participate in group activities and games, have fun, and hear about the other opportunities that Targeted Programmes has to offer them.

Service users who successfully complete their programme will receive a London Borough of Hillingdon Certificate of Achievement

The following Girls and Young Women's Programmes will be delivered between the week beginning Monday 18th September and the week ending Friday 22nd December 2017:

<i>Programme Code/Title:</i>	<i>Target Groups:</i>	<i>Programme Delivery Dates and Times:</i>	<i>Programme Locations:</i>
4.1 'Unique Swagga Seniors' Level 1 Programme	Young women in secondary school years 7 and above	Mondays between 18/09/17 and 27/11/17, between 4:15pm and 6:15pm	Harlington Young People's Centre, Pinkwell Lane, Hayes , (UB3 1PB)
4.2 'Unique Swagga Seniors' Level 2 Programme	Young women in secondary school years 7 and above	Tuesdays between 19/09/17 and 28/11/17, between 4:15pm and 6:15pm	West Drayton Young People's Centre, Rowhley's Place, West Drayton (UB7 9LU)
4.3 'mumSpace' Programme	Pregnant young women and young mothers aged 16-25	Wednesdays between 20/09/17 and 19/12/17, between 12:30pm and 2:30pm	Uxbridge Children's Centre, Whitehall Road, Uxbridge (UB8 2DQ)
4.4 'Unique Swagga Drop-in' Support Programme	Young women in secondary school years 7 and above	Wednesdays between 20/09/17 and 20/12/17, between 4:15pm and 6:15pm	Ground Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)
4.5 'Craft and Connect' Programme	Girls in primary school years 4, 5 and 6	Thursdays between 21/09/17 and 30/11/17, between 4:15pm and 6:15pm	Ground Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)

Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17. The Drop-in Support Service will be delivered during the half term.

To make a referral to Girls and Young Women's Programmes, please follow this link to our electronic Access Request Form: <https://goo.gl/forms/hESvbkgrHiWoIXTf1>

Programme Team 5:	Mobile and Detached Work Programmes
Autumn Programme Offer:	5.1 'The Transporter' Community Outreach Programmes
<p>Mobile and Detached Programmes deliver targeted personal development activities for adolescents aged 10-19 and young adults aged between 20 and 24, who are risk of anti-social and offending behaviours, and who require additional support to overcome challenges to their personal, educational, health, and social progression.</p> <p><i>The Transporter</i> is a mobile young people's centre that provides young people at risk of social and economic exclusion with a safe and supportive environment, where they can build positive relationships with staff and other young people, get involved in a range of personal and social development activities, and address issues of personal concern and interest.</p> <p>The <i>Mobile and Detached Programmes</i> team has a proven reputation for engaging young people who are at risk of anti-social and offending behaviours in positive diversionary activity that addresses issues including serious youth violence and political and religious extremism. Both programmes are delivered through a series of two-hour contact session per week, for up to twenty weeks.</p> <p>Issues addressed include:</p> <ul style="list-style-type: none"> • <i>Self-esteem and confidence</i> • <i>Personal, gender, and cultural identify</i> • <i>Ethical values and decision-making</i> • <i>Religious and political extremism</i> • <i>Serious Youth Violence</i> • <i>Employment, education, and training</i> • <i>Anti-social and offending behaviours</i> • <i>Substance use and misuse</i> • <i>Life and social skills</i> 	

The following Mobile and Detached Programmes will be delivered between the week beginning Monday 18 th September and the week ending Friday 22 nd December 2017:			
Programme Code/Title:	Target Groups:	Programme Delivery Dates and Times:	Programme Locations:
5.1 'The Transporter' Mobile Project in Hayes Town	Girls and young women aged 11-19	Mondays between 18/09/17 and 18/12/17, between 4:15pm and 6.15pm	Botwell Green Sports and Leisure Centre, East Avenue, Hayes (UB3 2HW)
5.2 'The Transporter' Mobile Project in Hayes Town	Boys and young men aged 11-19	Tuesday between 19/09/17 and 19/12/17, between 4:15pm and 6.15pm	Botwell Green Sports and Leisure Centre, East Avenue, Hayes (UB3 2HW)
5.3 'The	Students at the	Wednesdays between	Yiewsley Recreation

Transporter' in Yiewsley	Young People's Academy aged 11-17	20/09/17 and 20/12/17, between 1pm and 3pm	Ground, Falling Lane, Yiewsley (UB7 7BE)
5.4 'The Transporter' Mobile Project in Eastcote	Young people aged 11-19	Wednesdays between 20/09/17 and 20/12/17, between 4:15pm and 6.15pm	Field End Road, Eastcote (HA5 1PD)
5.5 'The Transporter' Mobile Project in Hayes Town	Young people aged 11-19; young adults aged 20-24	Thursdays between 21/09/17 and 21/12/17, between 7:00pm and 9:00pm	Western View, Hayes (UB3 4BG)
5.6 'The Transporter' in Yiewsley	Young people aged 11-19; young adults aged 20-24	Fridays between 22/09/17 and 22/12/17, between 4:15pm and 6.15pm	Yiewsley Recreation Ground, Falling Lane, Yiewsley (UB7 7BE)
5.7 'The Transporter' in Uxbridge	Young people aged 11-19; young adults aged 20-24	Fridays between 22/09/17 and 22/12/17, between 7:00pm and 9:00pm	High Street, Uxbridge (UB8 1JT)
<i>Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17.</i>			

To make a referral to Mobile and Detached Programmes, please telephone Targeted Programmes on 01895 557590 or 01895 250644, or email: targetedprogrammes@hillingdon.gov.uk for access information.

For more information about our range of our targeted early intervention services, or to provide feedback on services received, please contact the Targeted Programmes Management Group via:

- Telephone: 01895 556300 or 01895 250644
- Email: targetedprogrammes@hillingdon.gov.uk
- Head Office: 4E/09 Civic Centre, High Street, Uxbridge, UB8 1UW
- Fieldwork Office: First Floor, Fountain's Mill Young People's Centre, Uxbridge UB8 1JR

We welcome feedback from service providers and partner agencies about the quality and relevance of our programmes, and encourage you to tell us about any new targeted programmes that you want to see established in the future in response to the support and development needs of your service users.

Programme Team 6:	Parent Support and Development Programmes
Autumn Programme Offer:	6.1 'Triple P' Seminars 6.2 'Tripe P' Programmes
<p>Parent Support and Development Programmes deliver a range of targeted personal development programmes for adult parents, guardians and carers. Programmes are accessed by all parents, but also seek to engage those who require additional support to enhance their parenting skills and strategies, and to support their children's personal, academic, and social progression. Early Intervention and Prevention Services commission external service provider 'Brilliant Parents' to deliver a range of adult learning courses and seminar events for parents across the borough, through the provision of a range of 'Triple P' (Positive Parenting Program) branded programmes, including:</p> <p><i>Triple P Group Course</i> is a six-session programme that will be delivered in the Uxbridge area over six consecutive weeks from mid-September. This programme is focused on the support and development needs of parents who have pre-teenage children, and provides a mixture of theory and practice that help all parents to an appropriately structured and boundaried parenting approach to their children. Participants will learn about a range of positive parenting strategies that can positively respond to the needs of infant and primary school-age children, and improve the quality of relationships between all members of the family.</p> <p><i>Triple P Teen Course</i> is a six session programme that will be delivered in the Harefield area, over a seven week period between September and November. The programme is focused on the support and development needs of parents who have teenage children who may be experiencing a range of challenging attitudes and behaviours. Participants will learn about a range of positive parenting strategies that can positively respond to the needs of adolescents, and improve the quality of relationships between all members of the family.</p> <p><i>Triple P Stepping Stones</i> is an eight-session programme that will be delivered in the West Drayton area, over a ten week period between September and November. The programme is focused on the support and development needs of parents who have children with developmental disabilities and disorders. Participants will learn about a range of positive parenting strategies that can support children with additional support needs to fulfil their potential, and improve the quality of relationships between all members of the family.</p> <p>Triple P Seminars are a 'light touch' intervention providing brief one-time assistance to parents who are generally coping well but have one or two concerns with their child's behaviour or development. It is available for parents of children from birth to 12 years and for parents of teenagers. Each Triple P programme offer a friendly and supportive environment in which parents can share their experiences, concerns, and ideas in a non-judgemental setting, and learn about and test a range of new parenting strategies. Each programme places an emphasis on supporting parents to develop their communications and behavioural management skills, so that they can support their children to overcome</p>	

difficulties and progress towards positive life and social outcomes. The programmes are delivered informally and seek to provide an enjoyable and informative experience for all parents.

The following Parental Support Programmes will be delivered between the week beginning Monday 18th September and the week ending Friday 22nd December 2017:

<i>Programme Code/Title:</i>	<i>Target Groups:</i>	<i>Programme Delivery Dates and Times:</i>	<i>Programme Locations:</i>
6.1 'Triple-P Seminar' Events	Adult Parents	Please contact Brilliant Parents on 07495 024449 for information	Peripatetic delivery in a range of three locations across Hillingdon
6.2 'Triple P Group Course' Programmes	Adult Parents who have infant and primary school age children	Mondays between 11/09/17 and 16/10/17, between 1:00pm and 3:00pm	Uxbridge Children's Centre, Whitehall Road, Uxbridge (UB8 2DQ)
6.3 'Triple P Teen Course' Programmes	Adult Parents who have teenage children	Mondays between 25/09/17 and 06/11/17, between 6:00pm and 8:00pm	Harefield Academy, Northwood Way, Harefield (UB9 6ET)
6.4 'Triple P Stepping Stones' Programmes	Adult Parents who have children with developmental disabilities	Wednesdays between 20/09/17 and 22/11/17, excluding 11/10/17 between 11:00am and 1:00pm	Bell Farm Christian Centre, South Road, West Drayton (UB7 9LW)
<i>Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17.</i>			

To make a referral to Parental Support Programmes, please follow this link to our electronic Access Request Form: <https://goo.gl/forms/hESvbkgRH/WoIXTfi>

Service users may also self-refer to the programmes through contacting Brilliant Parents directly on 07495 024449 or via email address: enquiries@brilliantparents.org



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Programme Team 7: Peer Leadership Programmes	
Autumn Programme Offer:	7.1 'AIMS' Individual Mentoring Programmes 7.2 'HYPE' Peer Education Programmes
<p>Peer Leadership Programmes deliver targeted peer leadership-based personal development programmes for adolescents aged between 13 and 25, including those who require additional support to overcome challenges to their personal, academic, and social progression.</p> <p>'AIMS' (<i>Achievement through Individual Mentoring Support</i>) provides mentoring support to young people through the offer a positive relationship with a trained adult mentor. The aim of the mentoring relationship is to increase young people's self-esteem and resilience to risk. Mentors build a relationship based on mutual trust and respect, and encourage young people to develop their skills, increase their understanding of issues of importance to them. Mentors provide support young people through acting as a:</p> <ul style="list-style-type: none"> • <i>Facilitator: identifying potential opportunities, arrange introductions, support to attend activities or groups</i> • <i>Advisor: providing objective advice on a range of issues, including career opportunities</i> • <i>Role model: promoting and encouraging positive behaviours</i> • <i>Source of feedback: providing constructive feedback, challenging assumptions, and encouraging alternative thinking</i> • <i>Motivator: encouraging the achievement of goals and boosting morale</i> <p>Young people are offered a weekly one-to-one session with their mentor, with a progress review after an initial three-month period, after which the relationship can be continued or the young person can be transitioned into another programme. Participating young people also have access to a monthly drop-in session, where they can meet other young people and participate in structured group workshops addressing issues of concern and interest.</p> <p>The 'HYPE' (<i>Hillingdon Young Peer Educators</i>) programme supports young people to develop skills in the delivery of issue-based informal learning activities. Participants learn how to design and deliver informal learning and support activities to their peers, and then deploy their skills in a range of community-based learning campaigns. <i>HYPE</i> delivers programmes with two levels of learning activity during out-of-school hours, and is recruiting young people to deliver programmes that address adolescent emotional health and wellbeing, healthy relationships, sexual health and well being, and substance use and misuse. The programme has a proven track-record in supporting children and young people who are experiencing difficulties in the context of their family and peer relationships, educational engagement, anti-social behaviours, and emotional health and wellbeing. <i>HYPE</i> programmes are delivered through one two-hour contact session per week, for up to ten weeks. Service users who successfully complete their programme will receive a London Borough of Hillingdon Certificate of Achievement.</p>	

The following Peer Leadership Programmes will be delivered between the week beginning Monday 18th September and the week ending Friday 22nd December 2017:

Programme Code/Title:	Target Groups:	Programme Delivery Dates and Times:	Programme Locations:
7.1 'AIMS' Mentoring Programme	Young people in secondary school years 7-13	Please contact Targeted Programmes on 01895 556300 for information	Peripatetic delivery in a range of locations across Hillingdon
7.2 'HYPE' Introduction to Peer Education Level 1 Programme	Young people in secondary school years 9-13	Please contact Targeted Programmes on 01895 556300 for information	Peripatetic delivery in a range of locations across Hillingdon

Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17.

To make a referral to Girls and Young Women's Programmes, please follow this link to our electronic Access Request Form: <https://goo.gl/forms/hESvbkgrHiWoIXTf1>

Referral agencies are asked to note Targeted Programmes' access criteria before submitting access requests. Service users must:

- Live, work, study, or be in local authority care, in the London Borough of Hillingdon
- Be in the stated age-range or school year required to access the programme
- Have the cognitive ability to participate in discussion-based and group work activities
- Be willing and able to commit to the full duration of the programme
- Have the continuing commitment of the referrer to co-manage any issues that may present during their participation in the programme
- Have given consent for their personal information and support/development needs to be shared with Targeted Programmes
- Have their parent's or legal guardian's consent for their personal information and support/development needs to be shared with Targeted Programmes, if under 18 years of age



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Programme Team 8:	Sexual Health and Wellbeing Programmes
Autumn Programme Offer:	8.1 'KISS' Sexual Health Drop-in Programmes 8.2 'KISS' Sexual Health Outreach Programmes 8.3 'KISS' Sexual Health Individual Support Programmes 8.4 'KISS' Sexual Health Education Programmes 8.5 'KISS' Sexual Health Parental Support Programmes 8.6 'OUTreach' LGBTIQ Support Programmes

Sexual Health and Wellbeing Programmes deliver targeted sexual health-related personal development and support programmes for **adolescents aged 13-19, young adults aged 20-24, and adult parents, guardians, and carers**, including those who are risk of negative sexual health outcomes.

KISS Sexual Health Education Programmes provide young people with the knowledge, understanding, and confidence required to effectively manage their sexual health, and is delivered in secondary schools, young people's centres, and residential children's homes across the borough. Programmes can be delivered through individual workshops or through longer-term programmes, based on service commissioners' requirements.

The *KISS Sexual Health Drop-in* is an informal clinical support programme that provides confidential advice and treatment services for young people, including contraceptive information and distribution, support with the management of intimate relationships, and pregnancy and sexually-transmitted infection testing by qualified treatment staff. Drop-in services are delivered from Fountain's Mill Young People's Centre in Uxbridge town centre and outreach services are at the Uxbridge College campuses in Uxbridge and Hayes. *KISS Sexual Health Parental Support Programmes* enable adult parents, guardians, and carers to develop the knowledge, understanding, and confidence required to effectively address any issues in relation to their children's sexual health and wellbeing, and is delivered in a group-based or individual support basis. *KISS Sexual Health Service* is a well-established agency with a proven track-record for the provision of high-quality clinical support services for adolescents and young adults who have additional support needs in the context of their sexual health and wellbeing. Issues addressed by the team include:

- *Conception and Pregnancy*
- *Contraceptive Information and Guidance*
- *Ethical Values and Decision-making*
- *Managing Healthy Relationships*
- *Managing Peer Pressure*
- *Self-awareness and Assertiveness*
- *Sexually-transmitted Infections*
- *Sexual Orientation and Identity*

'*OUTreach*' is a confidential service for young people who self-define as Lesbian, Gay, Bisexual, Transgender, Intersex, or who are seeking support about their sexual identity. For further information about this programme, please contact Targeted Programmes.

The following Sexual Health and Wellbeing Programmes will be delivered between the week beginning Monday 4th September and the week ending Friday 22nd December 2017:

<i>Programme Code/Title:</i>	<i>Target Groups:</i>	<i>Programme Delivery Dates and Times:</i>	<i>Programme Locations:</i>
8.1 'KISS' Young People's Sexual Health Service Drop-in Clinics	Adolescents aged 13-19; Young Adults aged 20-24	Tuesdays and Thursdays between 3:30pm and 6:00pm	First Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)
8.2.1 'KISS' Young People's Sexual Health Service Outreach Clinic (Hayes)	Adolescents aged 13-19; Young Adults aged 20-24	Tuesdays between 12 noon and 1:00pm	Uxbridge College, Hayes Campus, College Way, Coldharbour Lane Hayes (UB3 3BB)
8.2.2 'KISS' Young People's Sexual Health Service Outreach Clinic (Uxbridge)	Adolescents aged 13-19; Young Adults aged 20-24	Fridays between 12 noon and 1:30pm	Uxbridge College, Uxbridge Campus, Park Road, Uxbridge (UB8 1NQ)
8.3 'KISS' Young People's Individual Sexual Health Support Service	Adolescents aged 13-19; Young Adults aged 20-24	Wednesdays between 3:30pm and 6:00pm	First Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)
8.4 'KISS' Young People's Sexual Health Education Programmes	Adolescents aged 13-19; Young Adults aged 20-24	In accordance to service commissioners' requirements	Secondary schools, colleges, residential care homes, and young people's centres across Hillingdon
8.5 'KISS' Sexual Health Capacity-building Support for Parents	Adult Parents, Guardians, and Carers	In accordance to service commissioners' requirements	First Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)
8.6 'OUTreach' LGBTIQ Support Programme	Adolescents aged 13-19; Young Adults aged 20-24	Please contact Targeted Programmes on 01895 556300 for information	
<i>Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17.</i>			

To make a referral to Sexual Health and Wellbeing Programmes, please follow this link to our electronic Access Request Form: <https://goo.gl/forms/hESvbkgRHiWoiXTf1>

To book 'KISS' Young People's Sexual Health Education Programmes, or receive further information about the 'OUTreach' LGBTI Support Programme, please telephone Targeted Programmes on 01895 556300 or 01895 250644, or email: targetedprogrammes@hillindon.gov.uk for access information.

Programme Team 9:	Substance Use and Misuse Programmes
Autumn Programme Offer:	9.1 'Sorted' Substance Misuse Individual Counselling Programmes 9.2 'Sorted' Substance Misuse Individual Mentoring Programmes 9.3 'Sorted' Substance Misuse Education Programmes 9.4 'Sorted' Substance Misuse Parental Support Programmes
<p>Substance Use and Misuse Programmes deliver targeted substance misuse-related personal development and support programmes for adolescents aged 13-19, young adults aged 20-24, and adult parents, guardians, and carers, including those who are risk of negative substance misuse outcomes.</p> <p><i>Sorted Education Programmes</i> provide young people with the knowledge, understanding, and confidence required to effectively manage their substance use in a healthy and legal way, and are delivered in secondary schools, young people's centres, and residential children's homes across the borough. Programmes can be delivered through individual workshops or through multiple session programmes, in accordance to service commissioners' requirements.</p> <p><i>Sorted Therapeutic Support Programmes</i> provides a range of individual counselling and mentoring support services for young people who require early help to address issues in relation to their, or other family members', substance misuse. Counselling and support group programmes are provided during weekday daytimes, after-school, and evening periods, and are offered at locations across the borough. <i>'Sorted' Therapeutic Support Programmes</i> conform to the requirements of the British Association for Counselling and Psychotherapy and Youth Access quality standards. Individual counselling programmes are delivered through ten one hour-long counselling sessions, and may be continued for a further ten sessions where this is agreed by the service user and the counsellor. <i>Sorted Substance Misuse Parental Support Programmes</i> enable adult parents, guardians, and carers to develop the knowledge, understanding, and confidence required to effectively address any issues in relation to their children's substance use or misuse, and is delivered in a group-based or individual support basis.</p> <p><i>Sorted Substance Misuse Service</i> is a well-established agency with a proven track-record for the provision of high-quality clinical support and education services for adolescents, young adults, and adult parents who have additional support needs in the context of their substance use or misuse. Issues addressed by the team include:</p> <ul style="list-style-type: none"> • Alcohol, Tobacco, 'Legal Highs', and Class A, B, and C Illegal Substances • Communication and Listening Skills • Decision-making skills • Ethical Values and Decision-making • Legal Status and Penalties • Managing Healthy Relationships • Managing Peer Pressure • Self-awareness and Assertiveness 	

The following Substance Use and Misuse Programmes will be delivered between the week beginning Monday 4th September and the week ending Friday 22nd December 2017:

Programme Code/Title:	Target Groups:	Programme Delivery Dates and Times:	Programme Locations:
9.1 'Sorted' Substance Misuse Individual Counselling Programmes	Adolescents aged 13-19; Young Adults aged 20-24	In accordance to service commissioners' requirements	Peripatetic delivery in secondary schools, colleges, residential care homes, and young people's centres across Hillingdon
9.2 'Sorted' Substance Misuse Individual Mentoring Programmes	Adolescents aged 14-19; Young Adults aged 20-24	In accordance to service commissioners' requirements	First Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)
9.3 'Sorted' Substance Misuse Education Programmes	Adolescents aged 13-19; Young Adults aged 20-24	In accordance to service commissioners' requirements	Peripatetic delivery in secondary schools, colleges, residential care home, and young people's centres across Hillingdon
9.4 'Sorted' Substance Misuse Capacity-building Support for Parents	Adult Parents, Guardians, and Carers aged 20+	In accordance to service commissioners' requirements	First Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)
<i>Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17.</i>			

To make a referral to Substance Use and Misuse Programmes, please follow this link to our electronic Access Request Form:

<https://goo.gl/forms/hESvbkgRHiWoIXTf1>

To book 'Sorted' Young People's Substance Misuse Education Programmes, please telephone Targeted Programmes on 01895 557590 or 01895 250644 or email:

targetedprogrammes@hillinfon.gov.uk for information.



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Programme Team 10:	Transition Support Programmes
Autumn Programme Offer:	10.1 'Self-E' Year 6 to Year 7 Support Programmes 10.2 'Elevate' Independent Living Skills Programmes 10.3 'Elevate Outreach' Independent Living Skills Programmes 10.4 'Step-in' Drop-in Support Programmes
<p>Transition Support Programmes deliver targeted personal development and support programmes for children aged 7-9, adolescents aged 10-19, and young adults aged 20-24, who are experiencing planned or unexpected transitions in their lives, and who require additional support to overcome challenges to their personal, educational, health, and social progression.</p> <p><i>Self-E</i> is an informal learning programme that provides children in primary school year 6 with a supportive and informal learning experience that enables them to build their confidence, get involved in a range of personal and social development activities, and address issues of personal concern and interest. <i>Self-E</i> programmes are delivered in primary schools and young people's centres across the borough, during and outside of school times. Issues addressed by <i>Self-E</i> include:</p> <ul style="list-style-type: none"> • <i>Communication and Listening Skills</i> • <i>Educational Engagement and Attainment</i> • <i>Emotional Health and Wellbeing</i> • <i>Life and Social Skills</i> • <i>Physical Health and Wellbeing</i> • <i>Self-esteem and Confidence</i> <p>The programme has a proven track-record in supporting children who are experiencing difficulties in the context of their family and peer relationships, educational engagement, anti-social behaviours, and emotional health and wellbeing. Service users who successfully complete their programme will receive a London Borough of Hillingdon Certificate of Achievement.</p> <p><i>Elevate</i> is an informal learning programme for young people under the care of Hillingdon Council and other recognised residential care providers, or who live in foyer and hostel accommodation, who are seeking to develop their capacity to live independently in advance of their leaving care. <i>Elevate</i> supports participants to develop a range of independent living skills, and enables them to meet with specialist service providers to enable their progression into independent accommodation, and further education, employment or training outcomes. Issues addressed by <i>Elevate</i> include:</p> <ul style="list-style-type: none"> • <i>Communication and Listening Skills</i> • <i>Dietary Health and Wellbeing</i> • <i>Educational Engagement and Attainment</i> • <i>Emotional Health and Wellbeing</i> • <i>Financial Management Skills</i> • <i>Healthy Relationships</i> 	

- *Independent Living Skills*
- *Managing Peer Pressure*
- *Self-esteem and Confidence*

Service users who successfully complete their programme will receive a London Borough of Hillingdon Certificate of Achievement.

Step-in provides a weekly drop-in service for young people who are in care or care leavers, and who are looking for support to progress towards employment and training opportunities. *Step-in* offers a meeting place for young people where they develop a range of life and social skills and receive informal support.

The following Transition Support Programmes will be delivered between the weeks beginning Monday 18th September and the week ending Friday 22nd December 2017:

<i>Programme Code/Title:</i>	<i>Target Groups:</i>	<i>Programme Delivery Dates and Times:</i>	<i>Programme Locations:</i>
10.1.1 'Self-E' Programme at St. Matthews CofE School	Primary school year 6 pupils within the hosting school	Mondays from 18/09/17 to 27/11/17	High Street, Yiewsley, Middlesex (UB7 7QJ)
10.1.2 'Self-E' Programme at Lake Farm Academy Primary School	Primary school year 6 pupils within the hosting school	Tuesdays from 19/09/17 to 28/11/17	Botwell Common Road, Hayes (UB3 1JA)
10.1.3 'Self-E' Programme at Yeading School Cluster Group	Primary school year 6 pupils within the hosting school cluster group	Wednesdays from 20/09/17 to 29/11/17	Carlyon Road, Hayes (UB4 0NR)
10.1.4 'Self-E' Programme at Harmondsworth Primary School	Primary school year 6 pupils within the hosting school	Thursdays from 21/09/17 to 29/11/17	30 School Road, Harmondsworth, West Drayton (UB7 0AU)
10.1.5 'Self-E' Programme at Rosedale Primary School	Primary school year 6 pupils within the hosting school	Fridays from 22/09/17 to 30/11/17	Wood End Green Road, Hayes (UB3 2SE)
10.2 'Elevate' Programme at Fountain's Mill Young People's Centre	Young people in Local Authority Care, foyer/hostel accommodation, and Care Leavers aged 13-25	Tuesdays between 19/09/17 and 27/11/17, between 7.00pm and 9.00pm	Ground Floor, Fountain's Mill Young People's Centre, 81 High Street, Uxbridge (UB8 1JR)
10.3 'Step-in' Care Leaver's Drop-in	Young people in Local Authority Care, foyer/hostel	Thursdays between 21/09/17 and 21/12/17,	Ground Floor, Fountain's Mill Young People's Centre, 81

	accommodation, and Care Leavers aged 13-25	between 1pm and 3:30pm	High Street, Uxbridge (UB8 1JR)
Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17.			

To make a referral to Transition Support Programmes, please follow this link to our electronic Access Request Form: <https://goo.gl/forms/hESvbkgrHiWolXTfi>

To book 'Self-E' Transition Support Programmes, please telephone Targeted Programmes on 01895 557590 or 01895 250644 or email: targetedprogrammes@hillinfon.gov.uk for access information.

Referral agencies are asked to note Targeted Programmes' access criteria before submitting referrals. Service users must:

- Live, work, study, or be in local authority care, in the London Borough of Hillingdon
- Be in the stated age-range or school year required to access the programme
- Have the cognitive ability to participate in discussion-based and group work activities
- Be willing and able to commit to the full duration of the programme
- Have the continuing commitment of the referrer to co-manage any issues that may present during their participation in the programme
- Have given consent for their personal information and support/development needs to be shared with Targeted Programmes
- Have their parent's or legal guardian's consent for their personal information and support/development needs to be shared with Targeted Programmes, if under 18 years of age



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Programme Team 11:	Volunteer Engagement Programmes
Autumn Programme Offer:	10.1 'Hillingdon Young Volunteers Award' Community Volunteering Programmes 10.2 'Aspire' Personal Development Programmes 10.3 'Hillingdon Youth Council' Democratic Engagement Programmes
<p>Volunteer Engagement Programmes deliver targeted community-based informal personal development and support activities for adolescents aged 13-19, and young adults aged 20-24 who are seeking to develop vocational skills and experience, including those who require additional support to overcome challenges to their progression towards employment, further education, or vocational training.</p> <p><i>Hillingdon Young Volunteers Award</i> enables young people, including those who require additional support, to achieve positive further education, employment, and vocational training outcomes. The programme enables young people to undertake community-based volunteering experience through which they can develop experience and competencies in their chosen areas of vocational activity. A programme of volunteer training supports young people to develop vocationally-relevant skills. Young people who complete 25, 50, 100, and 200 hours of volunteering activity achieve accredited awards that can be used to support their applications for further and higher education, vocational training programmes, and employment opportunities. During the half-term holiday week, <i>Hillingdon Young Volunteers Award</i> will deliver an intensive week of vocational training opportunities for participating young people, who will be able to achieve accredited training outcomes in a diverse range of vocational skills including First Aid, British Sign Language, and Youth Work. The programme has a proven track-record of supporting adolescents and young adults who are experiencing difficulties in the context of their educational engagement and attainment, transition into employment, and personal confidence.</p> <p><i>Aspire</i> is an informal learning and personal development programme for young people who have experienced significant barriers to their social and economic inclusion, and who are seeking to develop personal leadership skills and positive vocational experience as a springboard towards employment, further education, or vocational training. The programme supports participants to develop personal awareness and leadership skills, and enables them to deploy their new skills in a community setting. Issues addressed by <i>Aspire</i> include:</p> <ul style="list-style-type: none"> • <i>Communication and Listening Skills</i> • <i>Emotional Health and Wellbeing</i> • <i>Empowered Visions for the Future</i> • <i>Ethical Values and Decision-making</i> • <i>Life and Social Skills</i> • <i>Personal, Gender and Cultural Identify</i> • <i>Self-esteem and Confidence</i> • <i>Self-awareness and Empathy</i> • <i>Team-working and Leadership</i> 	

Service users who successfully complete their programme will receive a London Borough of Hillingdon Certificate of Achievement.

Hillingdon Youth Council is a democratic engagement programme that provides opportunities for young people to represent and advocate for the wider youth population in Hillingdon. Youth Council members hold surgeries and conference events for young people, and deliver a range of issue-based campaigns that address the concerns of the young people they represent. The programme provides a forum for young people in school years 7-13, with members elected for an annual period. *Hillingdon Youth Council* is democratically linked to a number of local school and community forums, and sends representatives to sit on the national United Kingdom Youth Parliament. Service users who successfully complete their programme will receive a London Borough of Hillingdon Certificate of Achievement.

The following Volunteer Engagement Programmes will be delivered between the weeks beginning Monday 4th September and the week ending Friday 22nd December 2017:

<i>Programme Code/Title:</i>	<i>Target Groups:</i>	<i>Programme Delivery Dates and Times:</i>	<i>Programme Locations:</i>
11.1 'Hillingdon Young Volunteers Award' Community Volunteering Programme	Adolescents aged 16-19; Young Adults aged 20-24	HYVA participants determine placement delivery times in conjunction with their placement providers	HYVA participants undertake community placements across Hillingdon
11.2 'Hillingdon Young Volunteers Award' Volunteer Training Week	Adolescents aged 16-19; Young Adults aged 20-24	Week beginning Monday 23/10/17, and ending Friday 27/10/17, between 10:00am and 4:00pm	Harlington Young People's Centre, Pinkwell Lane, Harlington (UB3 1PB)
11.3 'Aspire' Level 1 Community Leadership Programme	Adolescents aged 16-19; Young Adults aged 20-24	Wednesdays between 04/10/17 and 13/12/17 between 7:00pm and 9:00pm	Harlington Young People's Centre, Pinkwell Lane, Harlington (UB3 1PB)
11.4 'Hillingdon Youth Council' Democratic Engagement Forum	Young people in secondary school years 7-13	Mondays between 24/04/17 and 03/07/17, between 4:30pm and 6:30pm	Hillingdon Civic Centre, High Street, Uxbridge (UB8 1UW)
<i>Please note that programmes will not be delivered during the half-term holiday week beginning Monday 23/10/17, with the exception of the HYVA Training Week</i>			

To refer to Volunteer Engagement Programmes, please follow this link to our electronic Access Request Form: <https://goo.gl/forms/hESvbkgRHiWoIXTf1>

Service users can also self-refer to the 'Hillingdon Young Volunteers Award' and 'Hillingdon Youth Council' programmes.

Referral agencies are asked to note Targeted Programmes' access criteria before submitting referrals. Service users must:

- Live, work, study, or be in local authority care, in the London Borough of Hillingdon
- Be in the stated age-range or school year required to access the programme
- Have the cognitive ability to participate in discussion-based and group work activities
- Be willing and able to commit to the full duration of the programme
- Have the continuing commitment of the referrer to co-manage any issues that may present during their participation in the programme
- Have given consent for their personal information and support/development needs to be shared with Targeted Programmes
- Have their parent's or legal guardian's consent for their personal information and support/development needs to be shared with Targeted Programmes, if under 18 years of age

For more information about our range of our targeted early intervention services, or to provide feedback on services received, please contact the Targeted Programmes Management Group via:

- Telephone: 01895 556300 or 01895 250644
- Email: targetedprogrammes@hillingdon.gov.uk
- Head Office: 4E/09 Civic Centre, High Street, Uxbridge, UB8 1UW
- Fieldwork Office: First Floor, Fountain's Mill Young People's Centre, Uxbridge UB8 1JR

We welcome feedback from service providers and partner agencies about the quality and relevance of our programmes, and encourage you to tell us about any new targeted programmes that you want to see established in the future in response to the support and development needs of your service users.



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