

THRIVE UPDATE

Relevant Board Member(s)	Professor Ian Goodman
Organisation	North West London Integrated Care Board
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Papers with report	N/A

1. HEADLINE INFORMATION

Summary	To consider the update in relation to children and young people's mental health.
Contribution to plans and strategies	Joint Health & Wellbeing Strategy
Financial Cost	None
Relevant Select Committee	Health and Social Care Select Committee
Ward(s) affected	N/A

2. RECOMMENDATION

That the Health and Wellbeing Board notes the THRIVE update.

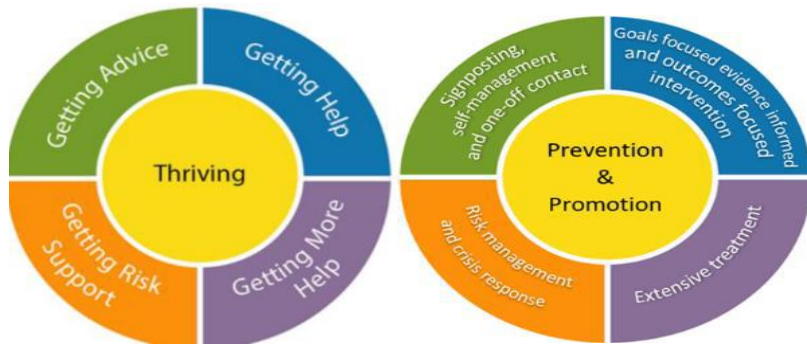
3. INFORMATION

Supporting Information

Learning from other areas and North West London (NWL) and local discussion has highlighted the cultural change and time required to achieve a 'THRIVING' needs-led system. The Hillingdon THRIVE leads (P3, Healthwatch Hillingdon and Integrated Care Board (ICB)) have now facilitated two workshop sessions focusing on mapping the local services; identifying gaps and issues and assessing the system position in its THRIVE journey using the THRIVE Implementation Assessment Tool. The workshops have been attended by representatives from the local authority, Central and North West London NHS Foundation Trust (CNWL), and local CYP organisations. The next meeting is taking place in April.

Service Mapping

The THRIVE mapping work has brought together what is offered under the mental health and emotional wellbeing banner, reviewing this collectively highlighted the different language used to describe levels of need and interventions and the different interpretation of the segments, particularly whether a service fits within Getting HELP or Getting More Help (see Diagrams 1 & 2 below). The map is being revised to reflect the discussions and will include the definitions.



Diagrams 1 & 2: Thrive model and explanation

From the discussions, some gaps and issues are emerging; peer support emerged as an issue for a number of voluntary groups (P3, HACS, MIND, Healthwatch Hillingdon) and they are working together to explore how to progress that with young people. Another concern raised was cases or a family where the level of need doesn't fit within the remit or capability of a service to manage, yet they don't fit criteria for a specialist service. Service leads are identifying case histories to bring to a multi-agency discussion to explore this issue in more depth and the outcomes of the discussions (including where things need to change) will inform the workplan of the network. One local and national challenge is how to provide an easy route for referrers to the right service at the right time given the complexity and variety of the service offer.

Phases of Development

The THRIVE toolkit includes a tool that enables a system to identify where they are in development.

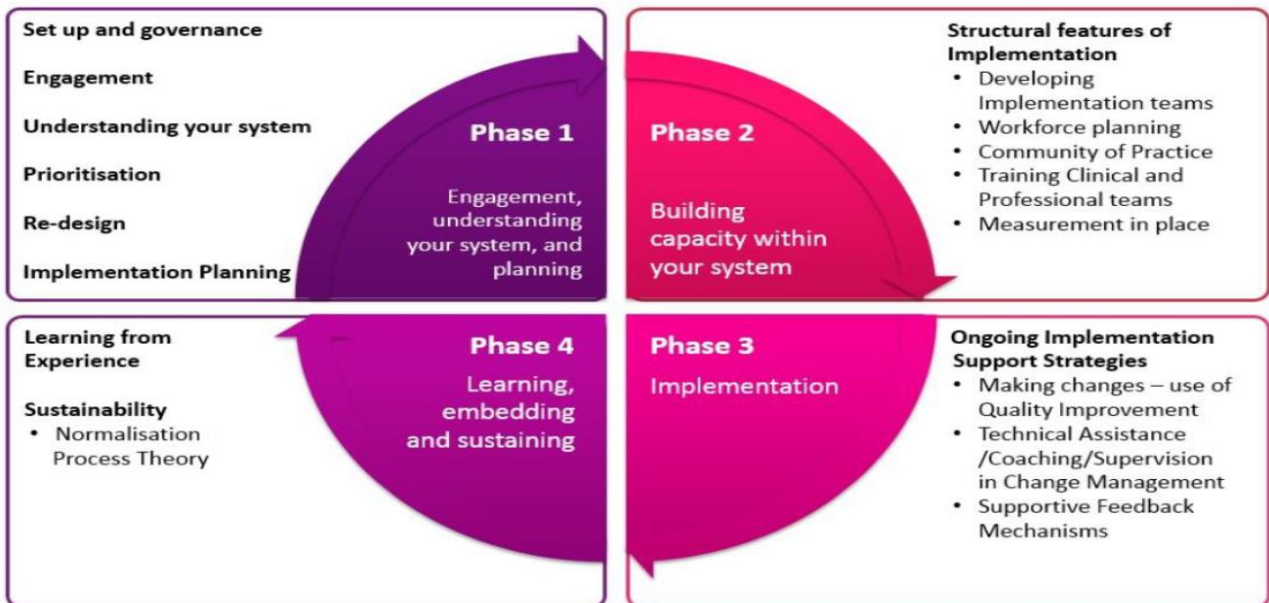


Table 1

Currently Hillingdon sits within Phase1 (Table 1 above), and is working on understanding the system and identifying the areas of work and prioritising areas for redesign.

THRIVE Self-Assessment

The THRIVE toolkit assesses performance at three levels, recognising the interaction between those levels:

- MACRO - population health level, i.e., how agencies work together and commission services for the population;
- MESO - needs based groups of young people and the services/teams that enable delivery of care according to those needs; and
- MICRO - collaborative ways of working with young people and their families.

The assessment process was initiated at the January Workshop and the 'scoring' discussion identified areas for further review with a wider group of stakeholders to ensure that there is a comprehensive view. This is to take place during March aiming to share the final view at the April THRIVE workshop.